# BOUNDS ON EXPONENTIAL SUMS OVER SMALL MULTIPLICATIVE SUBGROUPS 

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#### Abstract

We show that there is significant cancellation in certain exponential sums over small multiplicative subgroups of finite fields, giving an exposition of the arguments by Bourgain and Chang [6].


## 1. Introduction

Let $\psi: \mathbb{F}_{p} \rightarrow \mathbb{C}$ be any non-trivial additive character in $\mathbb{F}_{p}$ (that is, $\psi(x)=\exp \left(\frac{2 \pi i x \xi}{p}\right)$ for all $x \in \mathbb{F}_{p}$, for some $\left.\xi \in \mathbb{F}_{p}^{\times}\right)$, and let $H$ be a subset of $\mathbb{F}_{p}$. We are interested in obtaining good upper bounds for

$$
\left|\sum_{x \in H} \psi(x)\right|
$$

that is, significantly smaller than $|H|$. A traditional analytic number theory approach when $H$ is the multiplicative subgroup of $\mathbb{F}_{p}$ of index $m$ is to "complete the sum": We have

$$
\frac{1}{m} \sum_{\substack{(\bmod p) \\ \chi^{m}=\chi_{0}}} \chi(n)= \begin{cases}1 & \text { if } n \in H \\ 0 & \text { otherwise } \\ \end{cases}
$$

where the sum runs through the Dirichlet characters $(\bmod p)$ with order dividing $m$. Therefore

$$
\sum_{x \in H} \psi(x)=\sum_{n \in \mathbb{F}_{p}} \psi(n) \frac{1}{m} \sum_{\substack{\chi: \\ \chi^{m}=\chi_{0}}} \chi(n)=\frac{1}{m} \sum_{\substack{\chi: \\ \chi^{m}=\chi_{0}}} \sum_{n \in \mathbb{F}_{p}} \psi(n) \chi(n)
$$

The last sum, $\sum_{n \in \mathbb{F}_{p}} \psi(n) \chi(n)$, is a Gauss sum when $\chi \neq \chi_{0}$ and is known to have absolute value $\sqrt{p}$; and $\sum_{n \in \mathbb{F}_{p}} \psi(n) \chi_{0}(n)=-1$. We deduce that

$$
\left|\sum_{x \in H} \psi(x)\right|<\sqrt{p}
$$

This is non-trivial when $H$ has substantially more than $p^{1 / 2}$ elements and classical arguments can sometimes give non-trivial bounds for interesting

[^0]sets $H$ as small as $p^{1 / 4}$, but not much smaller. For $H$ a multiplicative subgroup, the first bound of the form $\sum_{x \in H} \psi(x) \lll \delta p^{-\delta}|H|$ with $\delta>0$ and for $|H|$ significantly smaller than $p^{1 / 2}$ was obtained when $|H| \gg_{\epsilon} p^{3 / 7+\epsilon}$ (for all $\epsilon>0$ ) by Shparlinski [14], and later refined to $|H|>_{\epsilon} p^{3 / 8+\epsilon}$ by Konyagin and Shparlinski (unpublished), for $|H| \gg_{\epsilon} p^{1 / 3+\epsilon}$ by Heath-Brown and Konyagin [12], and for $|H|>_{\epsilon} p^{1 / 4+\epsilon}$ by Konyagin [13]. An essential ingredient in these results are upper bounds on the number of $\mathbb{F}_{p}$-points on certain curves/varieties that significantly go beyond what the Weil bounds give.

In several recent articles Bourgain along with Chang, Glibichuk, and, Konyagin showed how to get non-trivial upper bounds for various interesting $H$ that are much smaller, using completely different methods - the techniques of additive combinatorics. The aim of this note is to give an exposition of these ideas in the simplest case ${ }^{1}$ by showing that there is significant cancellation in such exponential sums over small multiplicative subgroups $H$ of the finite field $\mathbb{F}_{p}$.

Theorem 1.1. Given $\alpha>0$, there exists $\beta=\beta(\alpha)>0$ such that if $|H|>$ $p^{\alpha}$, and $H$ is a multiplicative subgroup of $\mathbb{F}_{p}$, then

$$
\begin{equation*}
\sum_{x \in H} \psi(x) \ll p^{-\beta}|H| \tag{1}
\end{equation*}
$$

A proof of this result was first sketched by Bourgain and Konyagin in [10], and detailed proofs were subsequently given by Bourgain, Glibichuk, and Konyagin in [8]. This note is based on the arguments by Bourgain and Chang in [6], and is a somewhat streamlined version of notes from a lecture series given at KTH.

However, as alluded to above, the idea of using additive combinatorics is very versatile. For instance, in [5, 2] Bourgain showed that under certain circumstances it is enough to assume that $H$ has a small multiplicative doubling set, i.e., that $|H \cdot H|<|H|^{1+\tau}$ for $\tau>0$ small. In particular, one can take $H=\left\{g^{t}: t_{0} \leq t \leq t_{1}\right\}$ as long as the multiplicative order of $g$ modulo $p$ and $t_{1}-t_{0}$ are not too small, and thus it is also possible to non-trivially bound incomplete exponential sums over small (as well as large) multiplicative subgroups. Further, by suitably generalizing the sum-product theorem to subsets of $\mathbb{F}_{p} \times \mathbb{F}_{p}$ (some care is required since there are subsets of $\mathbb{F}_{p} \times \mathbb{F}_{p}$, e.g., any line passing through $(0,0)$, that violate a naive generalization of the sum-product theorem), Bourgain showed that there is considerable cancellation in sums of the form $\sum_{s_{1}=1}^{t}\left|\sum_{s_{2}=1}^{t} \psi\left(a g^{s_{1}}+b g^{s_{1} s_{2}}\right)\right|$ (consequently proving equidistribution for so-called Diffie-Hellman triples in $\mathbb{F}_{p}^{3}$ ) and in $[4,3]$ he obtained bounds for Mordell type exponential sums $\sum_{x=1}^{p} \psi(f(x))$, where $f(x)=\sum_{i=1}^{r} a_{i} x^{k_{i}}$ is a sparse polynomial (under suitable conditions on the $k_{i}$ 's.) Moreover, in [7, 6] Bourgain and Chang obtained bounds on

[^1]sums over multiplicative subgroups (and "almost subgroups") of general finite fields $\mathbb{F}_{p^{n}}$, respectively $\mathbb{Z} / q \mathbb{Z}$ where $q$ is allowed to be composite, but with a bounded number of prime divisors.
1.1. A brief outline of the argument. Define an $H$-invariant probability measure $\mu_{H}$ on $\mathbb{F}_{p}$ by
\[

\mu_{H}(x):= $$
\begin{cases}1 /|H| & \text { if } x \in H \\ 0 & \text { otherwise }\end{cases}
$$
\]

and assume that (1) is violated, i.e., that there exists $\xi \in \mathbb{F}_{p}^{\times}$for which

$$
\begin{equation*}
\widehat{\mu}_{H}(\xi)=\sum_{x \in \mathbb{F}_{p}} \mu_{H}(x) \exp \left(\frac{2 \pi i x \xi}{p}\right)>p^{-\beta} \tag{2}
\end{equation*}
$$

Let $\nu=\mu_{H} * \mu_{H}^{-}$, where $\mu_{H}{ }^{-}(x)=\mu_{H}(-x)$, and let $\nu_{k}$ be the $k$-fold convolution of $\nu$. Using (2), it is possible to show (see Proposition 4.4) that for some tiny $\eta$ and $k$ sufficiently large,

$$
\begin{equation*}
\sum_{x, \xi \in \mathbb{F}_{p}}\left|\widehat{\nu}_{k}(\xi)\right|^{2}\left|\widehat{\nu}_{k}(x \xi)\right|^{2} \nu_{k}(x)>p^{-10 \eta} \sum_{\xi \in \mathbb{F}_{p}}\left|\widehat{\nu}_{k}(\xi)\right|^{2}, \tag{3}
\end{equation*}
$$

and that the support of $\widehat{\nu}_{k}$ is essentially contained in the set of "large Fourier coefficients" $\Lambda_{\delta}$ (cf. Proposition 4.2.) Now, $\widehat{\nu}_{k}$ being essentially supported on $\Lambda_{\delta}$ means that $\widehat{\nu}_{k}$ and $\widehat{\nu}_{2 k}$ are "similar" (note that $\widehat{\nu}_{2 k}(\xi)=$ $\widehat{\nu}_{k}(\xi)^{2}$, and $\widehat{\nu}_{k}(\xi) \geq 0$ for all $\xi$ ), hence $\nu_{k}$ and $\nu_{2 k}=\nu_{k} * \nu_{k}$ are also similar, and this might be seen as a form of statistical, or approximate, additive invariance for the measure $\nu_{k}$. Further, by Parseval, (3) says that $\sum_{x, y \in \mathbb{F}_{p}} \nu_{2 k}(y) \nu_{2 k}\left(x^{-1} y\right) \nu_{k}(x)>p^{-10 \eta} \sum_{x \in \mathbb{F}_{p}} \nu_{k}(x)^{2}$, which we may interpret as $\sum_{y \in \mathbb{F}_{p}} \nu_{2 k}(y) \nu_{2 k}\left(x^{-1} y\right)$ being correlated with $\nu_{k}$, and this in turn might be seen as statistical multiplicative invariance. (Also see Remarks 3 and 4.) With $S_{1}$ being the set of points assigned large relative mass (i.e., those $x$ for which $\nu_{k}(x)$ is close to $\left.\left\|\nu_{k}\right\|_{\infty}\right)$ as a starting point, these invariance properties can then be used to find a subset of $S_{1}$ with both small sum and product sets. More precisely, using (3), together with the Balog-Gowers-Szemerédi theorem (cf. Theorem 2.2) in multiplicative form, we can find a fairly large subset $S_{3} \subset S_{1}$ with a small product set. Using the Balog-Gowers-Szemerédi theorem again, but in additive form, we then find a large subset $S_{4} \subset S_{3}$ which has a small sum set. Now, since $S_{4} \subset S_{3}, S_{4}$ also has a small product set, hence it contradicts the sum-product theorem (cf. Theorem 2.1.)

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## 2. Some additive combinatorics results

We will need two essential ingredients from additive combinatorics. First we recall the sum-product theorem for subsets of $\mathbb{F}_{p}$, due to Bourgain, Katz and Tao [9] (for an expository note, see [11].)

Theorem 2.1. For any $\epsilon>0$ there exists $\delta=\delta(\epsilon)$ such that the following holds: If $A \subset \mathbb{F}_{p}$ is a subset for which $p^{\epsilon}<|A|<p^{1-\epsilon}$ then

$$
|A+A|+|A \cdot A| \gg|A|^{1+\delta}
$$

We will also need the following version of the Balog-Gowers-Szemerédi theorem (this version of Theorem BGS' in [6] is an immediate consequence of Theorem 5 in Balog's article herein [1]):

Theorem 2.2. Let $A$ and $B$ be finite subsets of an additive abelian group, $Z$, and $G$ be a subset of $A \times B$, and let $S=\{a+b:(a, b) \in G\}$. If $|A|,|B|,|S| \leq N$ and $|G| \geq \alpha N^{2}$ then there is an $A^{\prime} \subset A$ such that

$$
\begin{equation*}
\text { i) }\left|A^{\prime}+A^{\prime}\right| \leq \frac{2^{37}}{\alpha^{8}} N, \quad \text { ii) }\left|A^{\prime}\right| \geq \frac{\alpha^{4}}{2^{15}} N \tag{4}
\end{equation*}
$$

## 3. The main technical Result

In this section we prove the key technical result (cf. [6], Proposition 2.1.):
Proposition 3.1. Let $\mu$ be a probability measure on $\mathbb{F}_{p}$. If there exists a constant $\Delta \in\left(0, \frac{1}{2}\right]$ such that

$$
\begin{equation*}
\sum_{\xi, y \in \mathbb{F}_{p}}|\widehat{\mu}(\xi)|^{2}|\widehat{\mu}(y \xi)|^{2} \mu(y)>\Delta \sum_{\xi \in \mathbb{F}_{p}}|\widehat{\mu}(\xi)|^{2} \tag{5}
\end{equation*}
$$

and

$$
\begin{equation*}
\mu(0), \sum_{x \in \mathbb{F}_{p}} \mu(x)^{2}<\Delta / 4 \tag{6}
\end{equation*}
$$

then there exist a subset $S \subset \mathbb{F}_{p}^{\times}$such that

$$
\begin{equation*}
\frac{\Delta^{254}}{2^{900}} p<|S| \sum_{\xi \in \mathbb{F}_{p}}|\widehat{\mu}(\xi)|^{2}<\frac{8}{\Delta} p \tag{7}
\end{equation*}
$$

and

$$
|S+S|+|S \cdot S|<\frac{2^{2729}}{\Delta^{768}}|S|
$$

To prove Proposition 3.1 we will construct a sequence of subsets $\mathbb{F}_{p} \supset$ $S_{1} \supset S_{2} \supset S_{3} \supset S_{4}$ such that $\left|S_{i}\right| /\left|S_{i+1}\right|=\Delta^{O(1)}$, where $S_{3}$ has a small product set and $S_{4}$ has a small sum set.

First let us recall some useful properties of the finite Fourier transform. For a given probability measure $\mu$ on $\mathbb{F}_{p}$ define its Fourier transform to be

$$
\widehat{\mu}(\xi):=\sum_{x \in \mathbb{F}_{p}} \mu(x) \psi(x \xi),
$$

so that $\overline{\widehat{\mu}(\xi)}=\widehat{\mu}(-\xi)$. With this normalization, Parseval's formula reads as

$$
p \sum_{x \in \mathbb{F}_{p}}|\mu(x)|^{2}=\sum_{\xi \in \mathbb{F}_{p}}|\widehat{\mu}(\xi)|^{2}
$$

As $\mu$ is a probability measure, we see that

$$
\phi(x):=p\left(\mu * \mu^{-}\right)(x)=\sum_{\xi \in \mathbb{F}_{p}}|\widehat{\mu}(\xi)|^{2} \psi(x \xi)
$$

is $\geq 0$ for all $x$. We will replace the middle term in (7) by $|S| \phi(0)$. Moreover,

$$
\sum_{x \in \mathbb{F}_{p}} \phi(x)=p
$$

since $\mu * \mu^{-}$is also a probability measure. From the Fourier expansion of $\phi$, we have

$$
\begin{equation*}
\max _{x \in \mathbb{F}_{p}} \phi(x)=\phi(0)=p \cdot\left(\mu * \mu^{-}\right)(0)=p \sum_{x} \mu(x)^{2} \leq \Delta p / 4 \tag{8}
\end{equation*}
$$

by (6).
3.1. Multiplicative stability. We obtain the following form of "statistical multiplicative stability".

Lemma 3.2. If (5) and (6) hold then

$$
\begin{equation*}
\sum_{x \in \mathbb{F}_{p}} \sum_{y \in \mathbb{F}_{p}^{\times}} \phi(x) \phi(x y) \mu(y)>\frac{3}{4} \Delta p \phi(0) \tag{9}
\end{equation*}
$$

Proof. For $y$ fixed, we have $\sum_{x \in \mathbb{F}_{p}} \phi(x) \phi(x y)=\sum_{\xi, \tau \in \mathbb{F}_{p}}|\widehat{\mu}(\xi)|^{2}|\widehat{\mu}(\tau)|^{2} \sum_{x \in \mathbb{F}_{p}} \psi(x \tau+x y \xi)=p \sum_{\xi \in \mathbb{F}_{p}}|\widehat{\mu}(\xi)|^{2}|\widehat{\mu}(-y \xi)|^{2}$.
Summing this over all $y \in \mathbb{F}_{p}^{\times}$, we see that the left hand side of (9) equals

$$
\begin{gathered}
p \sum_{y, \xi \in \mathbb{F}_{p}}|\widehat{\mu}(\xi)|^{2}|\widehat{\mu}(-y \xi)|^{2} \mu(y)-p \sum_{\xi \in \mathbb{F}_{p}}|\widehat{\mu}(\xi)|^{2}|\widehat{\mu}(0)|^{2} \mu(0) \\
\quad \geq p \Delta \sum_{\xi \in \mathbb{F}_{p}}|\widehat{\mu}(\xi)|^{2}-p(\Delta / 4)|\widehat{\mu}(0)|^{2} \sum_{\xi \in \mathbb{F}_{p}}|\widehat{\mu}(\xi)|^{2}
\end{gathered}
$$

by (5) and (6), as $|\widehat{\mu}(-y \xi)|^{2}=|\widehat{\mu}(y \xi)|^{2}$, which yields the result since $|\widehat{\mu}(0)|^{2} \leq$ 1.

Remark 1. Note that $\sum_{x \in \mathbb{F}_{p}} \sum_{y \in \mathbb{F}_{p}^{\times}} \phi(x) \phi(x y) \mu(y) \leq \phi(0) \sum_{x, y \in \mathbb{F}_{p}} \phi(x) \mu(y) \leq$ $p \phi(0)$. In our applications, we shall take $\Delta=p^{-\epsilon}$, and for this choice of $\Delta$, the lower bound (9) is fairly good.

As a starting point for a multiplicatively stable subset, we use the points which are assigned large measure by $\mu * \mu^{-}$.

Lemma 3.3. If (5) and (6) hold and

$$
S_{1}:=\left\{x \in \mathbb{F}_{p}: \phi(x)>\frac{1}{8} \Delta \phi(0)\right\}
$$

then

$$
\begin{equation*}
\sum_{\substack{x \in S_{1}, y \in \mathbb{F}_{p}^{\times} \\ x y \in S_{1}}} \phi(x) \phi(x y) \mu(y)>\frac{1}{2} \Delta p \phi(0) \tag{10}
\end{equation*}
$$

Proof. We have

$$
\sum_{\substack{x \in S_{1}, y \in \mathbb{F}_{p}^{\times} \\ x y \in S_{1}}} \geq \sum_{\substack{x \in \mathbb{F}_{p}, y \in \mathbb{F}_{p}^{\times}}}-\sum_{x \in \mathbb{F}_{p} \backslash S_{1}, y \in \mathbb{F}_{p}^{\times}}-\sum_{\substack{x \in \mathbb{F}_{p}, y \in \mathbb{F}_{p}^{\times} \\ x y \notin S_{1}}} .
$$

By (9), the first term on the right hand side is $>(3 / 4) \Delta p \phi(0)$. The second term

$$
\sum_{x \in \mathbb{F}_{p} \backslash S_{1}, y \in \mathbb{F}_{p}^{\times}} \phi(x) \phi(x y) \mu(y)
$$

is, since $\phi(x) \leq \Delta \phi(0) / 8$ for $x \notin S_{1}$, bounded by

$$
\frac{\Delta \phi(0)}{8} \sum_{x \in \mathbb{F}_{p} \backslash S_{1}, y \in \mathbb{F}_{p}^{\times}} \phi(x y) \mu(y) \leq \frac{\Delta \phi(0)}{8} \sum_{y \in \mathbb{F}_{p}^{\times}} \mu(y) \sum_{x \in \mathbb{F}_{p}} \phi(x y) \leq \frac{\Delta p \phi(0)}{8}
$$

since $\sum_{x \in \mathbb{F}_{p}} \phi(x y)=p$ for $y \neq 0$ and $\mu$ is a probability measure. Similarly, the third term is bounded by $\Delta p \phi(0) / 8$, hence the left hand side of (10) is $>\Delta p \phi(0)(3 / 4-1 / 8-1 / 8) \geq \Delta p \phi(0) / 2$.

We proceed to estimate the size of $S_{1}$.
Lemma 3.4. If (5) and (6) hold then

$$
\begin{equation*}
\frac{\Delta p}{2 \phi(0)}<\left|S_{1}\right|<\frac{8 p}{\Delta \phi(0)} \tag{11}
\end{equation*}
$$

Moreover, if we let

$$
S_{2}:=S_{1} \backslash\{0\} \subset \mathbb{F}_{p}^{\times}
$$

then $\left|S_{2}\right| \geq\left|S_{1}\right| / 2$.
Proof. For the lower bound, note that

$$
\begin{align*}
\left|S_{1}\right|= & \sum_{y \in \mathbb{F}_{p}}\left|S_{1}\right| \mu(y) \geq \sum_{y \in \mathbb{F}_{p}^{\times}}\left|S_{1} \cap y^{-1} S_{1}\right| \mu(y)=\sum_{\substack{x \in S_{1}, y \in \mathbb{F}_{p}^{\times} \\
x y \in S_{1}}} \mu(y)  \tag{12}\\
& \geq \frac{1}{\phi(0)^{2}} \sum_{\substack{x \in S_{1}, y \in \mathbb{F}_{p}^{\times} \\
x y \in S_{1}}} \phi(x) \phi(x y) \mu(y)>\frac{\Delta p}{2 \phi(0)}
\end{align*}
$$

by (10), which is $\geq 2$ by (8), so that $\left|S_{2}\right| \geq\left|S_{1}\right| / 2$. For the upper bound, note that

$$
\left|S_{1}\right|<\frac{8}{\Delta \phi(0)} \sum_{x \in S_{1}} \phi(x) \leq \frac{8}{\Delta \phi(0)} \sum_{x \in \mathbb{F}_{p}} \phi(x)=\frac{8 p}{\Delta \phi(0)}
$$

To show that there are many $y$ such that $\left|S_{2} \cap y^{-1} S_{2}\right|$ is fairly large, we begin by giving a lower bound on the expected size of the intersection.

Lemma 3.5. If (5) and (6) hold then

$$
\begin{equation*}
\sum_{y \in \mathbb{F}_{p}^{\times}}\left|S_{2} \cap y^{-1} S_{2}\right| \mu(y) \geq \frac{\Delta p}{4 \phi(0)} \tag{13}
\end{equation*}
$$

Proof. Since $S_{2} \cap y^{-1} S_{2}=\left(S_{1} \cap y^{-1} S_{1}\right) \backslash\{0\}$ for all $y \in \mathbb{F}_{p}^{\times}$we have

$$
\begin{gathered}
\sum_{y \in \mathbb{F}_{p}^{\times}}\left|S_{2} \cap y^{-1} S_{2}\right| \mu(y) \geq \sum_{y \in \mathbb{F}_{p}^{\times}}\left|S_{1} \cap y^{-1} S_{1}\right| \mu(y)-\sum_{y \in \mathbb{F}_{p}^{\times}} \mu(y) \\
>\frac{\Delta p}{2 \phi(0)}-1 \geq \frac{\Delta p}{4 \phi(0)}
\end{gathered}
$$

by the right hand side of (12) and as $\sum_{y \in \mathbb{F}_{p}} \mu(y)=1$, and then by (8).

In the next result we show that there are many $y$ for which $\left|S_{2} \cap y^{-1} S_{2}\right|$ is large:

Lemma 3.6. If (5) and (6) hold and

$$
\begin{equation*}
T:=\left\{y \in \mathbb{F}_{p}^{\times}:\left|S_{2} \cap y^{-1} S_{2}\right|>\frac{\Delta p}{8 \phi(0)}\right\} \tag{14}
\end{equation*}
$$

then

$$
\begin{equation*}
|T| \geq \frac{\Delta^{5}}{2^{15}}\left|S_{1}\right| \tag{15}
\end{equation*}
$$

Proof.

$$
\begin{gathered}
\left|S_{2}\right| \mu(T)=\left|S_{2}\right| \sum_{y \in T} \mu(y) \geq \sum_{y \in T}\left|S_{2} \cap y^{-1} S_{2}\right| \mu(y) \\
(16)=\sum_{y \in \mathbb{F}_{p}^{\times}}\left|S_{2} \cap y^{-1} S_{2}\right| \mu(y)-\sum_{y \in \mathbb{F}_{p}^{\times} \backslash T}\left|S_{2} \cap y^{-1} S_{2}\right| \mu(y) \geq \frac{\Delta p}{8 \phi(0)}>\frac{\Delta^{2}}{64}\left|S_{2}\right|
\end{gathered}
$$

by (13) and from the definition of $T$, and then by (11) and the trivial bound $\left|S_{2}\right| \leq\left|S_{1}\right|$, so that $\mu(T)>\Delta^{2} / 64$.

On the other hand, by Cauchy-Schwartz and Parseval's identity,

$$
\mu(T) \leq|T|^{1 / 2}\left(\sum_{x \in T} \mu(x)^{2}\right)^{1 / 2}
$$

$$
\leq|T|^{1 / 2}\left(\frac{1}{p} \sum_{\xi \in \mathbb{F}_{p}}|\widehat{\mu}(\xi)|^{2}\right)^{1 / 2}=\left(\frac{|T| \phi(0)}{p}\right)^{1 / 2}
$$

so that $|T| \geq p \Delta^{4} /\left(2^{12} \phi(0)\right)>\left(\Delta^{5} / 2^{15}\right)\left|S_{1}\right|$, by (11).
Thus, by shrinking $T$ if necessary, we have found a set $T$ such that

$$
\left(\Delta^{5} / 2^{15}\right)\left|S_{2}\right| \leq|T| \leq\left|S_{2}\right|
$$

with the property that for all $y \in T$,

$$
\begin{equation*}
\left|S_{2} \cap y^{-1} S_{2}\right|>\frac{\Delta p}{8 \phi(0)}>\frac{\Delta^{2}}{2^{6}}\left|S_{1}\right| \geq \frac{\Delta^{2}}{2^{6}}\left|S_{2}\right| \tag{17}
\end{equation*}
$$

by (11).
Let $G:=\left\{(x, y): x \in S_{2}, y \in T, x y \in S_{2}\right\} \subset S_{2} \times T \subset \mathbb{F}_{p}^{\times} \times \mathbb{F}_{p}^{\times}$. By (17), the number of $x$ such that $(x, y) \in G$ is at least $2^{-6} \Delta^{2}\left|S_{2}\right|$ for each $y \in T$. Therefore, since $|T| \geq 2^{-15} \Delta^{5}\left|S_{2}\right|$, we find that

$$
|G| \geq 2^{-6} \Delta^{2}\left|S_{2}\right| \cdot 2^{-15} \Delta^{5}\left|S_{2}\right|=(\Delta / 8)^{7}\left|S_{2}\right|^{2}
$$

By the definition of $G$ we know that

$$
\{s t:(s, t) \in G\} \subset S_{2}
$$

so, with $g$ a primitive root modulo $p$ and defining $\log _{g, p}(s)$ to be the smallest integer $m \geq 0$ such that $g^{m} \equiv s \bmod p$, and by taking $A=\left\{\log _{g, p} s: s \in\right.$ $\left.S_{2}\right\}, B=\left\{\log _{g, p} t: t \in T\right\}$ with $N=\left|S_{2}\right|$ and $\alpha=(\Delta / 8)^{7}$ in Theorem 2.2, we obtain a subset $A^{\prime}$ of $A$, with $\left|A^{\prime}\right|>\left(\Delta^{28} / 2^{99}\right)|A|$, for which

$$
\left|A^{\prime}+A^{\prime}\right| \leq\left(2^{205} / \Delta^{56}\right) N<\left(2^{304} / \Delta^{84}\right)\left|A^{\prime}\right|
$$

Therefore $S_{3}=\left\{g^{a}: a \in A^{\prime}\right\}$ is a subset of $S_{2}$ for which

$$
\begin{equation*}
\left|S_{3}\right|>\left(\Delta^{28} / 2^{100}\right)\left|S_{1}\right| \tag{18}
\end{equation*}
$$

by Lemma 3.4, and

$$
\left|S_{3} \cdot S_{3}\right| \leq\left(2^{304} / \Delta^{84}\right)\left|S_{3}\right| .
$$

3.2. Additive stability. We finish the proof of Proposition 3.1 by finding a subset $S_{4}$ of $S_{3}$ with a small sum set. We first show that $S_{3}$ exhibits "statistical additive stability"; to do this we only need to use that $S_{3} \subset S_{1}$, together with the definition of $S_{1}$.

Lemma 3.7. If (5) and (6) hold then

$$
\begin{equation*}
\sum_{x_{1}, x_{2} \in S_{3}} \phi\left(x_{1}-x_{2}\right)>2^{-6} \Delta^{2} \phi(0)\left|S_{3}\right|^{2} \tag{19}
\end{equation*}
$$

Proof. Recalling that $\phi(x)=p\left(\mu * \mu^{-}\right)(x)$, we find, using the CauchySchwarz inequality, that

$$
\left(\frac{1}{p} \sum_{x \in S_{3}} \phi(x)\right)^{2}=\left(\sum_{y \in \mathbb{F}_{p}} \mu(y) \sum_{x \in S_{3}} \mu(x+y)\right)^{2} \leq \sum_{y \in \mathbb{F}_{p}} \mu(y)^{2} \cdot \sum_{y \in \mathbb{F}_{p}}\left(\sum_{x \in S_{3}} \mu(x+y)\right)^{2}
$$

$$
=\frac{\phi(0)}{p} \sum_{x_{1}, x_{2} \in S_{3}} \sum_{y \in \mathbb{F}_{p}} \mu\left(x_{1}+y\right) \mu\left(x_{2}+y\right)=\frac{\phi(0)}{p^{2}} \sum_{x_{1}, x_{2} \in S_{3}} \phi\left(x_{1}-x_{2}\right)
$$

Now $\sum_{x \in S_{3}} \phi(x)>\frac{\Delta}{8} \phi(0)\left|S_{3}\right|$, since $S_{3} \subset S_{1}$, and the lemma follows.
To obtain an additively stable subset we will, as before, use Theorem 2.2. First, let

$$
\begin{equation*}
S_{0}:=\left\{x \in \mathbb{F}_{p}: \phi(x)>2^{-7} \Delta^{2} \phi(0)\right\} \tag{20}
\end{equation*}
$$

Then

$$
\left|S_{0}\right| \leq \frac{2^{7}}{\Delta^{2} \phi(0)} \sum_{x \in S_{0}} \phi(x) \leq \frac{2^{7} p}{\Delta^{2} \phi(0)} \leq \frac{2^{8}}{\Delta^{3}}\left|S_{1}\right|<\frac{2^{108}}{\Delta^{31}}\left|S_{3}\right|
$$

by (11) and then (18).
Using $S_{0}, S_{3}$ we can now define a fairly large graph $G^{\prime}$.
Lemma 3.8. If (5) and (6) hold then

$$
G^{\prime}:=\left\{\left(x_{1},-x_{2}\right) \in S_{3} \times\left(-S_{3}\right): x_{1}-x_{2} \in S_{0}\right\} \subset S_{3} \times\left(-S_{3}\right)
$$

has at least $2^{-7} \Delta^{2}\left|S_{3}\right|^{2}$ elements.
Proof. We have

$$
\begin{gathered}
\left|G^{\prime}\right| \cdot \phi(0) \geq \sum_{\left(x_{1},-x_{2}\right) \in G^{\prime}} \phi\left(x_{1}-x_{2}\right) \\
=\sum_{x_{1}, x_{2} \in S_{3}} \phi\left(x_{1}-x_{2}\right)-\sum_{\left(x_{1},-x_{2}\right) \in S_{3} \times\left(-S_{3}\right) \backslash G^{\prime}} \phi\left(x_{1}-x_{2}\right) \\
\geq 2^{-6} \Delta^{2} \phi(0)\left|S_{3}\right|^{2}-2^{-7} \Delta^{2} \phi(0)\left|S_{3}\right|^{2}
\end{gathered}
$$

by (19) and (20), and the result follows.
Since $\left\{x_{1}-x_{2}:\left(x_{1},-x_{2}\right) \in G^{\prime}\right\} \subset S_{0}$ we can apply Theorem 2.2 with $A=S_{3}, B=-S_{3}, G=G^{\prime}, N=\left(2^{108} / \Delta^{31}\right)\left|S_{3}\right|$ and $\alpha=\Delta^{64} / 2^{223}$ to obtain a subset $S_{4} \subset S_{3}$ with

$$
\begin{equation*}
\left|S_{4}\right|>\frac{\Delta^{256}}{2^{907}} N=\frac{\Delta^{225}}{2^{799}}\left|S_{3}\right| \tag{21}
\end{equation*}
$$

for which

$$
\left|S_{4}+S_{4}\right|<\frac{2^{1821}}{\Delta^{512}} N=\frac{2^{1929}}{\Delta^{543}}\left|S_{3}\right|<\frac{2^{2728}}{\Delta^{768}}\left|S_{4}\right|
$$

Moreover, since $S_{4} \subset S_{3}$, we find that

$$
\left|S_{4} \cdot S_{4}\right| \leq\left|S_{3} \cdot S_{3}\right|<\left(2^{304} / \Delta^{84}\right)\left|S_{3}\right|<\left(2^{1103} / \Delta^{309}\right)\left|S_{4}\right|
$$

Finally, by (11), then (21), (18), and Lemma 3.4, we have

$$
\frac{8 p}{\Delta \phi(0)}>\left|S_{1}\right| \geq\left|S_{4}\right|>\frac{\Delta^{225}}{2^{799}}\left|S_{3}\right|>\frac{\Delta^{253}}{2^{899}}\left|S_{1}\right|>\frac{\Delta^{254}}{2^{900}} \frac{p}{\phi(0)}
$$

Taking $S=S_{4}$ we have found a set with the desired properties.

## 4. Proof of Theorem 1.1

4.1. Preliminaries. Let $\mu$ be a given probability measure on $\mathbb{F}_{p}$. Recall that the Fourier transform of $\mu$ was defined to be $\widehat{\mu}(\xi):=\sum_{x \in \mathbb{F}_{p}} \mu(x) \psi(x \xi)$, and hence $\overline{\widehat{\mu}(\xi)}=\widehat{\mu}(-\xi)$. With this normalization, Parseval's formula reads as $p \sum_{x \in \mathbb{F}_{p}}|\mu(x)|^{2}=\sum_{\xi \in \mathbb{F}_{p}}|\widehat{\mu}(\xi)|^{2}$. Moreover, if $\nu$ is another probability measure then

$$
\sum_{x \in \mathbb{F}_{p}} \mu(x) \widehat{\nu}(x)=\sum_{\xi \in \mathbb{F}_{p}} \widehat{\widehat{\mu}(\xi)} \nu(-\xi)=\sum_{\xi \in \mathbb{F}_{p}} \widehat{\mu}(-\xi) \nu(-\xi)=\sum_{\xi \in \mathbb{F}_{p}} \widehat{\mu}(\xi) \nu(\xi)
$$

Let $\nu:=\mu * \mu^{-}$, that is $\nu(x)=\sum_{y, z: y-z=x} \mu(y) \mu(z)$, so that $\nu(-x)=\nu(x)$ and $\widehat{\nu}(x)=|\widehat{\mu}(x)|^{2}$. If $\nu_{k}$ is the $k$-fold convolution of $\nu$, that is

$$
\nu_{k}(x):=\sum_{\substack{y_{1}, y_{2}, \ldots y_{k} \in \mathbb{F}_{p} \\ y_{1}+y_{2}+\ldots+y_{k}=x}} \nu\left(y_{1}\right) \nu\left(y_{2}\right) \cdots \nu\left(y_{k}\right),
$$

then $\widehat{\nu}_{k}(x)=|\widehat{\mu}(x)|^{2 k} \geq 0$. Notice that $\nu(x)=\sum_{y, z: y-z=x} \mu(y) \mu(z) \leq$ $\max _{z} \mu(z) \sum_{y} \mu(y)=\max _{z} \mu(z)$ for all $x$; and similarly

$$
\begin{equation*}
\max _{x} \nu_{k}(x) \leq \max _{z} \mu(z) \text { for all } k . \tag{22}
\end{equation*}
$$

We have

$$
\left\|\mu_{H}\right\|_{2}^{2}=\sum_{x \in \mathbb{F}_{p}}\left|\mu_{H}(x)\right|^{2}=1 /|H|
$$

Note that $\mu_{H}(h x)=\mu_{H}(x)$ for all $h \in H$, and so $\widehat{\mu}_{H}(h x)=\widehat{\mu}_{H}(x)$ for all $h \in H$, and $\nu_{k}(h x)=\nu_{k}(x)$ for all $h \in H$ and $k \geq 1$.

### 4.2. The set of large Fourier coefficients. Given $\delta>0$, let

$$
\Lambda_{\delta}:=\left\{\xi \in \mathbb{F}_{p}:|\widehat{\mu}(\xi)|>p^{-\delta}\right\}
$$

be the set of "large" Fourier coefficients of $\mu$.
Lemma 4.1. Suppose that $\mu=\mu_{H}$. We have

$$
\left|\Lambda_{\delta}\right| \leq p^{1+2 \delta} /|H|
$$

Also if $\left|\widehat{\mu}_{H}(\xi)\right|>p^{-\delta}$ for some nonzero $\xi \in \mathbb{F}_{p}^{\times}$, then

$$
\left|\Lambda_{\delta}\right| \geq|H|
$$

Proof. For any measure $\mu$ on $\mathbb{F}_{p}$ we have

$$
\left|\Lambda_{\delta}\right| \leq p^{2 \delta} \sum_{\xi \in \Lambda_{\delta}}|\widehat{\mu}(\xi)|^{2} \leq p^{2 \delta} \sum_{\xi \in \mathbb{F}_{p}}|\widehat{\mu}(\xi)|^{2}=p^{1+2 \delta} \sum_{x \in \mathbb{F}_{p}}|\mu(x)|^{2}
$$

and the first result follows since this last sum equals $1 /|H|$ for $\mu=\mu_{H}$. For the second result note that if $\xi \in \Lambda_{\delta}$ then $\left|\widehat{\mu}_{H}(h \xi)\right|=\left|\widehat{\mu}_{H}(\xi)\right|>p^{-\delta}$ for all $h \in H$, so that $h \xi \in \Lambda_{\delta}$ for all $h \in H$.

We will now show that it is possible to find $k, \delta$ so that the support of $\widehat{\nu}_{k}$ is, in $L^{2}$-sense, essentially given by $\Lambda_{\delta}$.

Proposition 4.2. For any measure $\mu$ on $\mathbb{F}_{p}$, where $p \geq 3$, and any $\eta \geq$ $5 /\left(p^{3} \log p\right)$, there exists an integer $k \geq 4$ and

$$
\delta \in\left(0, \eta / k^{2}\right)
$$

such that

$$
\begin{equation*}
p^{-\eta}\left|\Lambda_{\delta}\right| \leq \sum_{\xi \in \mathbb{F}_{p}}\left|\widehat{\nu}_{k}(\xi)\right|^{2} \leq p^{\eta}\left|\Lambda_{\delta}\right| \tag{23}
\end{equation*}
$$

and, in particular,

$$
\begin{equation*}
\sum_{\xi \in \mathbb{F}_{p}}\left|\widehat{\nu}_{k}(\xi)\right|^{2} \leq p^{2 \eta} \sum_{\xi \in \Lambda_{\delta}}\left|\widehat{\nu}_{k}(\xi)\right|^{2} \tag{24}
\end{equation*}
$$

Proof. For any $k \in \mathbb{N}$ we have
(25)
$\sum_{\xi \in \mathbb{F}_{p}}\left|\widehat{\nu}_{k}(\xi)\right|^{2}=\sum_{\xi \in \Lambda_{1 / k}}\left|\widehat{\nu}_{k}(\xi)\right|^{2}+\sum_{\xi \notin \Lambda_{1 / k}}\left|\widehat{\nu}_{k}(\xi)\right|^{2} \leq\left|\Lambda_{1 / k}\right|+p\left(p^{-1 / k}\right)^{4 k}=\left|\Lambda_{1 / k}\right|+1 / p^{3}$
since each $\widehat{\nu}_{k}(\xi) \leq 1$.
We define a sequence of integers $k_{0}=4<k_{1}<\ldots$ where $k_{i+1}=\left[k_{i}^{2} / \eta\right]+1$ for each $i \geq 0$, and let $\delta_{i}=1 / k_{i+1}$ for each $i$. Note that $k_{i}^{2} / \eta<k_{i+1}=1 / \delta_{i}$ so that $k_{i} \delta_{i}<\eta / k_{i} \leq \eta / 4$. Since $\widehat{\nu}_{k_{i}}(\xi)=\left|\widehat{\mu}_{H}(\xi)\right|^{2 k_{i}}$, we have

$$
\sum_{\xi \in \Lambda_{\delta_{i}}}\left|\widehat{\nu}_{k_{i}}(\xi)\right|^{2}>\left|\Lambda_{\delta_{i}}\right| \cdot p^{-4 k_{i} \delta_{i}} \geq\left|\Lambda_{\delta_{i}}\right| \cdot p^{-\eta}
$$

We note that the lower bound in (23) follows from this, as well as (24), once we establish the upper bound in (23).

Now, there exists an integer $i \in[0, M]$, where $M=2([1 / \eta]+1)$, such that $\sum_{\xi \in \mathbb{F}_{p}}\left|\widehat{\nu}_{k_{i}}(\xi)\right|^{2} \leq p^{\eta}\left|\Lambda_{\delta_{i}}\right|$ else

$$
p^{\eta}\left|\Lambda_{1 / k_{i+1}}\right|=p^{\eta}\left|\Lambda_{\delta_{i}}\right|<\sum_{\xi \in \mathbb{F}_{p}}\left|\widehat{\nu}_{k_{i}}(\xi)\right|^{2} \leq\left|\Lambda_{1 / k_{i}}\right|+1 / p^{3} \leq\left|\Lambda_{1 / k_{i}}\right|\left(1+1 / p^{3}\right)
$$

for each $i$, by (25), and so
$\left|\Lambda_{1 / k_{M}}\right|<p^{-M \eta}\left|\Lambda_{1 / k_{0}}\right|\left(1+1 / p^{3}\right)^{M} \leq p^{1-M \eta}\left(1+1 / p^{3}\right)^{M} \leq p^{-1}\left(1+1 / p^{3}\right)^{M}<1$
since $M \leq \frac{1}{2} p^{3} \log p$, which is untrue (as $0 \in \Lambda_{1 / k}$ for all $k \in \mathbb{N}$ ).
We select $k=k_{i}$ and $\delta=\delta_{i}$.
Remark 2. Note that the proof gives us $k \ll \exp (\exp (O(1 / \eta)))$.
Remark 3. Since the support of $\widehat{\nu}_{k}$ is essentially given by $\Lambda_{\delta}$, it is easy to see that the same holds for $\widehat{\nu}_{2 k}$; we may interpret this as $\nu_{k} * \nu_{k}$ being "similar" to $\nu_{k}$, and hence that $\nu_{k}$ is "approximately additively stable".

In the following key Lemma, the $H$-invariance of $\mu_{H}$, and hence of $\widehat{\nu}_{k}$, is essential.

Lemma 4.3. For $\mu=\mu_{H}$ and all $\xi \in \mathbb{F}_{p}$, we have

$$
\widehat{\nu}_{k}(\xi)^{4 k} \leq \sum_{x \in \mathbb{F}_{p}} \widehat{\nu}_{k}(x \xi)^{2} \nu_{k}(x)
$$

Proof. The case $\xi=0$ is immediate, hence we may assume that $\xi \neq 0$. Now, since $\widehat{\nu}_{k}(h \xi)=\widehat{\nu}_{k}(\xi)$ for all $h \in H$, we have

$$
\widehat{\nu}_{k}(\xi)^{2}=\sum_{x \in \mathbb{F}_{p}} \widehat{\nu}_{k}(x \xi)^{2} \mu_{H}(x)=\sum_{x \in \mathbb{F}_{p}} \nu_{2 k}\left(-x \xi^{-1}\right) \widehat{\mu}_{H}(x),
$$

by Parseval's formula. Now note that if $\mu$ is any probability measure and $l \geq 1$, then $\sum_{x} \mu(x) f(x) \leq\left(\sum_{x} \mu(x)|f(x)|^{l}\right)^{1 / l}$. Therefore the above gives

$$
\widehat{\nu}_{k}(\xi)^{4 k} \leq \sum_{x \in \mathbb{F}_{p}} \nu_{2 k}\left(-x \xi^{-1}\right)\left|\widehat{\mu}_{H}(x)\right|^{2 k}=\sum_{x \in \mathbb{F}_{p}} \nu_{2 k}\left(-x \xi^{-1}\right) \widehat{\nu}_{k}(x)
$$

since $\left|\widehat{\mu}_{H}(x)\right|^{2 k}=\widehat{\nu}(x)^{k}=\widehat{\nu}_{k}(x)$ and, applying Parseval one more time, we obtain

$$
\widehat{\nu}_{k}(\xi)^{4 k} \leq \sum_{x \in \mathbb{F}_{p}} \widehat{\nu}_{k}(-x \xi)^{2} \nu_{k}(-x)=\sum_{x \in \mathbb{F}_{p}} \widehat{\nu}_{k}(x \xi)^{2} \nu_{k}(x)
$$

We consequently obtain:
Proposition 4.4. With $k, \eta$ as in Proposition 4.2, we have

$$
p^{-10 \eta} \sum_{\xi \in \mathbb{F}_{p}} \widehat{\nu}_{k}(\xi)^{2} \leq \sum_{\xi \in \mathbb{F}_{p}} \sum_{x \in \mathbb{F}_{p}} \widehat{\nu}_{k}(\xi)^{2} \widehat{\nu}_{k}(x \xi)^{2} \nu_{k}(x)
$$

Proof. By Proposition 4.2, we have

$$
p^{-2 \eta} \sum_{\xi \in \mathbb{F}_{p}} \widehat{\nu}_{k}(\xi)^{2} \leq \sum_{\xi \in \Lambda_{\delta}} \widehat{\nu}_{k}(\xi)^{2} \leq p^{8 k^{2} \delta} \sum_{\xi \in \Lambda_{\delta}} \widehat{\nu}_{k}(\xi)^{4 k+2} \leq p^{8 \eta} \sum_{\xi \in \mathbb{F}_{p}} \widehat{\nu}_{k}(\xi)^{4 k+2}
$$

which, by Lemma 4.3 , is

$$
\leq p^{8 \eta} \sum_{\xi \in \mathbb{F}_{p}} \sum_{x \in \mathbb{F}_{p}} \widehat{\nu}_{k}(\xi)^{2} \widehat{\nu}_{k}(x \xi)^{2} \nu_{k}(x) .
$$

Remark 4. Since $\widehat{\nu}_{k}(x \xi) \leq 1$ and $\nu_{k}$ is a probability measure, we find that $\sum_{\xi, x \in \mathbb{F}_{p}} \widehat{\nu}_{k}(\xi)^{2} \widehat{\nu}_{k}(x \xi)^{2} \nu_{k}(x) \leq \sum_{\xi \in \mathbb{F}_{p}} \widehat{\nu}_{k}(\xi)^{2}$, so the lower bound on the double sum in Proposition 4.4 is quite good. Further, using Parseval on the two sums over $\xi$ (ignoring the term $x=0$ ) we find that $\sum_{y \in \mathbb{F}_{p}} \nu_{2 k}(y) \nu_{2 k}\left(y x^{-1}\right)$, which we can interpret as a multiplicative translate of $\nu_{2 k}$ with itself, is highly correlated with $\nu_{k}(x)$. Thus, the Proposition might be interpreted as a statement of "approximate multiplicative stability" of $\nu_{k}$. (Since the essential support of $\widehat{\nu}_{k}$ is given by $\Lambda_{\delta}$, the same holds for $\widehat{\nu}_{2 k}$, so in some sense $\nu_{k}$ and $\nu_{2 k}$ are "similar".)

To go from statistical additive/multiplicative stability to a subset that contradicts the sum-product Theorem, we will apply Proposition 3.1 with $\mu=\nu_{k}$ and $\Delta=p^{-10 \eta}$ (and note that (22) implies (6) provided $1 /|H|<$ $\Delta / 4)$, and select $\delta$ and $k$ as in Proposition 4.2. Assume that $\left|\widehat{\mu}_{H}(\xi)\right|>p^{-\delta}$ for some $\xi \in \mathbb{F}_{p}^{\times}$. We thus obtain a set $S$ such that

$$
|S+S|+|S \cdot S|<2^{2729} p^{7680 \eta}|S|
$$

Note that

$$
p^{-\eta}|H| \leq p^{-\eta}\left|\Lambda_{\delta}\right| \leq \sum_{\xi \in \mathbb{F}_{p}}\left|\widehat{\nu}_{k}(\xi)\right|^{2} \leq p^{\eta}\left|\Lambda_{\delta}\right| \leq p^{1+\eta+2 \delta} /|H|
$$

by (23) and Lemma 4.1, so that (7) gives, as $2 \delta<\eta$,

$$
\frac{1}{2^{900}} \frac{|H|}{p^{2542 \eta}}<|S|<8 \frac{p^{1+11 \eta}}{|H|}
$$

Now select $\eta=\min \{\alpha / 6000, \delta(\alpha / 2) / 8000\}$, so that the sum-product Theorem 2.1 is violated with $\epsilon=\alpha / 2$ for $p$ sufficiently large, and thus $\left|\widehat{\mu}_{H}(\xi)\right| \leq$ $p^{-\delta}$ for all $\xi \in \mathbb{F}_{p}^{\times}$. The Theorem follows with $\beta=\delta \gg \exp (-\exp (C / \eta))$ for some constant $C>0$.

## 5. Incomplete sums

The proof of Theorem 1.1 can fairly easily be extended to incomplete sums over multiplicative subgroups.
Theorem 5.1. Let $g \in \mathbb{F}_{p}^{\times}$have multiplicative order at least $T$, and let $H=\left\{g^{t}: 0 \leq t<T\right\}$. If $|H|=T>p^{\alpha}$, then

$$
\sum_{x \in H} \psi(x) \ll p^{-\beta}|H|
$$

Define $\mu_{H}, \widehat{\mu}_{H}, \nu_{k}, \Lambda_{\delta}$ etc as before. To obtain a contradiction, we will assume that $\left|\widehat{\mu}_{H}\left(\xi_{0}\right)\right|>2 p^{-\delta}$ for some $\xi_{0} \in \mathbb{F}_{p}^{\times}$.

We begin by showing that $\Lambda_{\delta}$, the set of large Fourier coefficients, is almost of size $|H|$, and that $\widehat{\mu}$ is quite large on $\Lambda_{\delta} \cdot H_{1}$ for a fairly large subset $H_{1} \subset H$.

Lemma 5.2. Let

$$
H_{1}:=\left\{g^{t}: 0 \leq t<|H| p^{-\delta} / 4\right\}
$$

If $\left|\widehat{\mu}\left(\xi_{0}\right)\right|>2 p^{-\delta}$ for some $\xi_{0} \in \mathbb{F}_{p}^{\times}$, then

$$
\left|\Lambda_{\delta}\right| \geq\left|H_{1}\right|
$$

Moreover, if $\xi \in \Lambda_{\delta}$ and $h \in H_{1}$, then

$$
\left|\widehat{\mu}_{H}(h \xi)\right|>\left|\widehat{\mu}_{H}(\xi)\right| / 2
$$

Proof. For $l \in \mathbb{Z}$ such that $0 \leq l<T$, we have

$$
\begin{gathered}
\widehat{\mu}_{H}\left(g^{l} \xi\right)=\sum_{x \in \mathbb{F}_{p}} \psi\left(g^{l} \xi x\right) \mu_{H}(x)=\sum_{x \in \mathbb{F}_{p}} \psi(\xi x) \mu_{H}\left(g^{-l} x\right)=\frac{1}{|H|} \sum_{x \in g^{l} H} \psi(\xi x) \\
=\frac{1}{|H|}\left(\sum_{x \in H} \psi(\xi x)+2 \theta l\right)
\end{gathered}
$$

for some $\theta$ such that $|\theta| \leq 1$. Thus, if $l<|H| p^{-\delta} / 4$, then

$$
\begin{equation*}
\left|\widehat{\mu}_{H}\left(g^{l} \xi\right)\right|>\left|\widehat{\mu}_{H}(\xi)\right|-p^{-\delta} / 2 . \tag{26}
\end{equation*}
$$

In particular, if $h \in H_{1}$, then $\left|\widehat{\mu}_{H}\left(h \xi_{0}\right)\right| \geq\left|\widehat{\mu}_{H}\left(\xi_{0}\right)\right|-p^{-\delta} / 2>2 p^{-\delta}-p^{-\delta} / 2>$ $p^{-\delta}$ and hence $\left|\Lambda_{\delta}\right| \geq\left|H_{1}\right|$. Finally, if $\xi \in \Lambda_{\delta}$ then $\left|\widehat{\mu}_{H}(\xi)\right|>p^{-\delta}$, so the second assertion follows from (26).

Lemma 5.3. If $\xi \in \Lambda_{\delta}$, then

$$
\widehat{\nu}_{k}(\xi)^{4 k} \leq 2^{8 k^{2}+6 k} p^{2 k \delta} \sum_{x \in \mathbb{F}_{p}} \widehat{\nu}_{k}(h \xi)^{2} \nu_{k}(x)
$$

Proof. If $\xi \in \Lambda_{\delta}$, then $\left|\widehat{\mu}_{H}(\xi h)\right| \geq\left|\widehat{\mu}_{H}(\xi)\right| / 2$ for all $h \in H_{1}$. Hence

$$
\begin{gathered}
\widehat{\nu}_{k}(\xi)^{2} \leq \frac{2^{4 k}}{\left|H_{1}\right|} \sum_{h \in H_{1}} \widehat{\nu}_{k}(h \xi)^{2} \leq \frac{2^{4 k}|H|}{\left|H_{1}\right|} \sum_{x \in \mathbb{F}_{p}} \widehat{\nu}_{k}(h \xi)^{2} \mu_{H}(x) \\
=2^{4 k+3} p^{\delta} \sum_{x \in \mathbb{F}_{p}} \widehat{\nu}_{k}(h \xi)^{2} \mu_{H}(x)
\end{gathered}
$$

since $|H| /\left|H_{1}\right| \leq 8 p^{\delta}$. Thus, if $\xi \in \Lambda_{\delta}$, then
$\widehat{\nu}_{k}(\xi)^{4 k} \leq 2^{8 k^{2}+6 k} p^{2 k \delta}\left(\sum_{x \in \mathbb{F}_{p}} \widehat{\nu}_{k}(h \xi)^{2} \mu_{H}(x)\right)^{2 k} \leq 2^{8 k^{2}+6 k} p^{2 k \delta} \sum_{x \in \mathbb{F}_{p}} \widehat{\nu}_{k}(h \xi)^{2} \nu_{k}(x)$
by the same argument used in the proof of Lemma 4.3.
Proposition 5.4. For $p$ sufficiently large,

$$
p^{-11 \eta} \sum_{\xi \in \mathbb{F}_{p}} \widehat{\nu}_{k}(\xi)^{2} \leq \sum_{\xi, x \in \mathbb{F}_{p}} \widehat{\nu}_{k}(\xi)^{2} \widehat{\nu}_{k}(\xi x)^{2} \nu_{k}(x)
$$

Proof. Arguing as in the proof of Proposition 4.4 find that

$$
p^{-2 \eta} \sum_{\xi \in \mathbb{F}_{p}} \widehat{\nu}_{k}(\xi)^{2} \leq \sum_{\xi \in \Lambda_{\delta}} \widehat{\nu}_{k}(\xi)^{2} \leq p^{8 k^{2} \delta} \sum_{\xi \in \Lambda_{\delta}} \widehat{\nu}_{k}(\xi)^{4 k+2} \leq p^{8 \eta} \sum_{\xi \in \Lambda_{\delta}} \widehat{\nu}_{k}(\xi)^{4 k+2}
$$

which, by Lemma 5.3 is

$$
\leq p^{8 \eta+2 k \delta} 2^{8 k^{2}+6 k} \sum_{\xi \in \Lambda_{\delta}} \sum_{x \in \mathbb{F}_{p}} \widehat{\nu}_{k}(\xi)^{2} \widehat{\nu}_{k}(\xi x)^{2} \nu_{k}(x) \leq p^{9 \eta} \sum_{x, \xi \in \mathbb{F}_{p}} \widehat{\nu}_{k}(\xi)^{2} \widehat{\nu}_{k}(\xi x)^{2} \nu_{k}(x)
$$

The rest of the proof is now essentially the same as the proof of Theorem 1.1.

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[^1]:    ${ }^{1}$ See Section 5 for an easy extension to the case of incomplete sums.

