

Lecture 7: Uniqueness of  $\pi$ , Dynamical Systems

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## Goals of this lecture

- To find conditions guaranteeing that a Markov chain has a unique invariant probability measure.
- To start up a discussion on limit theorems for Markov chains by introducing some basic concepts related to dynamical systems.

Kac's formula and the existence of a unique  $\pi$ 

As usual, let  $(X, \mathcal{X})$  be some measurable space. Recall Definition 4.2 terming a phi-irreducible chain *positive* if it admits an invariant probability measure.

**Proposition 7.1** (Kac's formula). *Let  $P$  be a transition kernel on  $X \times \mathcal{X}$  that admits an accessible small set  $C \in \mathcal{X}$  such that*

$$\sup_{x \in C} \mathbb{E}_x [\sigma_C] < \infty. \quad (7.2)$$

Then the following holds true.

- (i) *The chain is positive recurrent<sup>1</sup>, and the unique invariant probability measure  $\pi$  satisfies Kac's formula, i.e., for all  $A \in \mathcal{X}$ ,*

$$\pi(A) = \int_C \pi(dy) \mathbb{E}_y \left[ \sum_{k=0}^{\sigma_C-1} \mathbb{1}_A(X_k) \right] = \int_C \pi(dy) \mathbb{E}_y \left[ \sum_{k=1}^{\sigma_C} \mathbb{1}_A(X_k) \right]. \quad (7.3)$$

- (ii) *If  $h \in F_+(\mathcal{X})$  is such that*

$$\sup_{x \in C} \mathbb{E}_x \left[ \sum_{k=0}^{\sigma_C-1} h(X_k) \right] < \infty, \quad (7.4)$$

then

$$\pi h = \int_C \pi(dy) \mathbb{E}_y \left[ \sum_{k=0}^{\sigma_C-1} h(X_k) \right] = \int_C \pi(dy) \mathbb{E}_y \left[ \sum_{k=1}^{\sigma_C} h(X_k) \right] < \infty.$$

<sup>1</sup>By "positive recurrent" we mean simply recurrent and positive.

*Proof.* First, by Proposition 5.2,  $P$  is phi-irreducible. Moreover, by (7.2),  $\sigma_C$  is  $\mathbb{P}_x$ -a.s. finite for all  $x \in C$ ; in other words,  $C$  is Harris recurrent. Thus, by Theorem 6.8,  $C$  is recurrent, and Theorem 6.1 hence implies that  $P$  is recurrent. By Theorem 6.13 there is an invariant measure  $\mu$  to which all other invariant measures are proportional and such that  $0 < \mu(C) < \infty$ . (Indeed, recall that in the proof of Theorem 6.13,  $\mu$  is constructed from an invariant distribution  $\check{\mu}$  on the split space satisfying  $\check{\mu}(\check{\alpha}) = 1$ , the existence of which is provided by Theorem 4.4. After that, the proof identifies  $\mu$  such that  $\mu^* = \check{\mu}$ . Consequently,  $1 = \varepsilon\mu(C)$ .) Now, define

$$\mu_C : \mathcal{X} \ni A \mapsto \int_C \mu(dy) \mathbb{E}_y \left[ \sum_{k=1}^{\sigma_C} \mathbb{1}_A(X_k) \right].$$

By the Harris recurrence of  $C$ ,  $\sum_{k=1}^{\sigma_C} \mathbb{1}_C(X_k) = 1$   $\mathbb{P}_y$ -a.s. for all  $y \in C$ , which implies that  $\mu_C(C) = \mu(C)$ .

**Exercise 7.5.** Establish that  $\mu_C = \mu$  by showing that

1. the measure  $\mu_C$  is  $P$ -invariant.
2. for all  $A \in \mathcal{X}$ ,  $\mu(A) \geq \mu_C(A)$ .
3. the previous implies that  $\mu_C = \mu$ .

By Exercise 7.5,  $\mu_C$  is invariant. In addition, for all  $A \in \mathcal{X}$ ,

$$\int_C \mu(dy) \mathbb{E}_y [\mathbb{1}_A(X_0)] = \mu(A \cap C) = \mu_C(A \cap C) = \int_C \mu(dy) \mathbb{E}_y [\mathbb{1}_A(X_{\sigma_C})].$$

Thus, since for all  $y \in C$ ,

$$\sum_{k=1}^{\sigma_C} \mathbb{1}_A(X_k) = \sum_{k=0}^{\sigma_C-1} \mathbb{1}_A(X_k) - \mathbb{1}_A(X_0) + \mathbb{1}_A(X_{\sigma_C}), \quad \mathbb{P}_y\text{-a.s.},$$

it holds for all  $A \in \mathcal{X}$ ,

$$\mu(A) = \mu_C(A) = \int_C \mu(dy) \mathbb{E}_y \left[ \sum_{k=1}^{\sigma_C} \mathbb{1}_A(X_k) \right] = \int_C \mu(dy) \mathbb{E}_y \left[ \sum_{k=0}^{\sigma_C-1} \mathbb{1}_A(X_k) \right]. \quad (7.6)$$

Now,

$$\mu(X) = \int_C \mu(dy) \mathbb{E}_y \left[ \sum_{k=0}^{\sigma_C-1} \mathbb{1}_X(X_k) \right] \leq \mu(C) \sup_{y \in C} \mathbb{E}_y [\sigma_C] < \infty,$$

implying that any invariant measure is finite. As a consequence,  $\pi = \mu/\mu(X)$  is the unique invariant probability distribution. Indeed, let  $\pi'$  be another invariant probability distribution; then there exists  $c \in \mathbb{R}_+$  such that  $\pi' = c\mu$ , which implies that  $1 = \pi'(X) = c\mu(X)$ ,

or, equivalently,  $c = 1/\mu(\mathsf{X})$ . Thus,  $\pi' = \pi$ . In addition, by dividing (7.6) by  $\mu(\mathsf{X})$ , we conclude that (7.3) holds true. This completes the proof of (i).

We turn to (ii). Under the condition (7.4), by monotone convergence (cf. Exercise 4.3),

$$\pi h = \int_C \pi(dy) \mathbb{E}_y \left[ \sum_{k=0}^{\sigma_C-1} h(X_k) \right] \leq \pi(C) \sup_{y \in \mathsf{X}} \mathbb{E}_y \left[ \sum_{k=0}^{\sigma_C-1} h(X_k) \right] < \infty,$$

showing (ii).  $\square$

Even though this condition appears to be hard to check directly, it is indeed implied by the following considerably more straightforward *drift condition*.

**Theorem 7.7.** *Assume that there exist  $C \in \mathcal{X}$ ,  $V \in \mathsf{F}(\mathcal{X})$  and  $h \in \mathsf{F}(\mathcal{X})$  such that  $1 \leq h \leq V$ , and a constant  $b \in \mathbb{R}_+$  such that*

$$PV \leq V - h + b\mathbb{1}_C. \quad (7.8)$$

Then for all  $x \in \mathsf{X}$ ,

$$\mathbb{E}_x \left[ \sum_{k=0}^{\sigma_C-1} h(X_k) \right] \leq V(x) + b\mathbb{1}_C(x). \quad (7.9)$$

Thus, if  $C$  is an accessible small set and  $V$  is bounded on  $C$ , then the chain is positive recurrent and  $\pi h < \infty$ .

*Proof.* For all  $n \in \mathbb{N}^*$ , set

$$M_n = \left( V(X_n) + \sum_{k=0}^{n-1} h(X_k) \right) \mathbb{1}_{\{\sigma_C \geq n\}}.$$

We show that  $\{M_n : n \in \mathbb{N}^*\}$  is a super-martingale. Indeed, pick arbitrarily  $x \in \mathsf{X}$  and write, using that  $\{\sigma_C \geq n+1\} = \{\sigma_C \leq n\}^c \in \mathcal{F}_n$ ,  $\mathbb{P}_x$ -a.s.,

$$\begin{aligned} \mathbb{E}_x [M_{n+1} | \mathcal{F}_n] &= \left( PV(X_n) + \sum_{k=0}^n h(X_k) \right) \mathbb{1}_{\{\sigma_C \geq n+1\}} \\ &\leq \left( V(X_n) - h(X_n) + b\mathbb{1}_C(X_n) + \sum_{k=0}^n h(X_k) \right) \mathbb{1}_{\{\sigma_C \geq n+1\}} \\ &= \left( V(X_n) + \sum_{k=0}^{n-1} h(X_k) \right) \mathbb{1}_{\{\sigma_C \geq n+1\}} \\ &\leq M_n, \end{aligned}$$

as  $\mathbb{1}_C(X_n)\mathbb{1}_{\{\sigma_C \geq n+1\}} = 0$ . For any  $n \in \mathbb{N}^*$ ,  $\sigma_C \wedge n$  is a bounded stopping time, and by applying Doob's optional stopping theorem we obtain, using again the drift condition (7.8),

$$\mathbb{E}_x [M_{\sigma_C \wedge n}] \leq \mathbb{E}_x [M_1] = PV(x) + h(x) \leq V(x) + b\mathbb{1}_C(x). \quad (7.10)$$

This yields

$$\mathbb{E}_x \left[ \sum_{k=0}^{\sigma_C \wedge n - 1} h(X_k) \right] \leq V(x) + b\mathbb{1}_C(x)$$

which implies (7.9) by monotone convergence. If  $V$  is bounded on  $C$ , using the bound (7.9) with  $h = 1$  implies that  $\sup_{x \in C} \mathbb{E}_x[\sigma_C] < \infty$ , which means that the condition (7.2) is satisfied. Consequently, the chain is positive by Proposition 7.1. In addition, if  $V$  is bounded on  $C$ , (7.9) implies (7.4) and finiteness of  $\pi h$  follows from Proposition 7.1.  $\square$

The drift condition (7.8) is indeed weak and may be checked for a large set of models.

**Exercise 7.11.** The first-order auto regressive (AR(1)) process on  $\mathbb{R}$  is defined iteratively by

$$X_{k+1} = \phi X_k + \sigma \varepsilon_{k+1}, \quad k \in \mathbb{N},$$

where  $\phi$  and  $\sigma$  are constants such that  $|\phi| < 1$  and  $\sigma > 0$  and  $\{\varepsilon_k : k \in \mathbb{N}^*\}$  is a sequence of mutually independent variables with common density  $\Gamma$  with respect to Lebesgue measure  $\nu$ . For simplicity, assume that  $\Gamma(x) > 0$  for all  $x \in \mathbb{R}$ .

(a) Show that all compact sets are small for this model.

(b) Check that this chain satisfies the drift condition (7.8) for some suitable choices of  $V$  and  $h$ .

## Dynamical systems

We now direct focus towards limit theorems for positive recurrent chains. During the coming lecture, our aim will be to establish, for any  $\pi$ -integrable function  $h \in \mathbf{F}(\mathcal{X})$ , (a significantly more general version of the) the *law of large numbers*

$$\lim_{n \rightarrow \infty} n^{-1} \sum_{k=0}^{n-1} h(X_k) = \pi h, \quad \mathbb{P}_x\text{-a.s.}$$

(where  $x \in \mathcal{X}$  is arbitrary), as well as, given that  $h \in L^2(\pi)$ , the *central limit theorem*

$$\sqrt{n} \left( \frac{1}{n} \sum_{k=0}^{n-1} h(X_k) - \pi h \right) \xrightarrow{\mathbb{P}_\pi} \sigma Z,$$

where  $Z$  is standard normally distributed and  $\sigma^2 > 0$  is an asymptotic variance. The derivation of the latter result will be driven by the so-called *Poisson equation*.

The approach that we take is based on the theory of *dynamical systems*, and in the following we introduce some useful definitions and properties related to the same.

**Definition 7.12** (dynamical system). *Let  $(\Omega, \mathcal{A}, \mathbb{P})$  be a probability space.*

- *A measurable map  $T$  from  $(\Omega, \mathcal{A})$  to  $(\Omega, \mathcal{A})$  is a measure-preserving transformation if for all  $A \in \mathcal{A}$ ,  $\mathbb{P}(T^{-1}(A)) = \mathbb{P} \circ T^{-1}(A) = \mathbb{P}(A)$ . The probability  $\mathbb{P}$  is then said to be invariant under the transformation  $T$  and  $(\Omega, \mathcal{A}, \mathbb{P}, T)$  is called a dynamical system.*
- *The application  $T$  is said to be an invertible measure-preserving transformation if it is measure-preserving, invertible, and its inverse  $T^{-1}$  is measurable.*

**Exercise 7.13.** *Show that*

- (a) *if  $T$  is an invertible measure-preserving transformation, then  $T^{-1}$  is also measure-preserving.*
- (b) *if  $T$  is measure-preserving, then  $T^n$  is measure-preserving for all  $n \in \mathbb{N}^*$ .*

From previous lectures we recall the canonical space  $(\mathbf{X}^{\mathbb{N}}, \mathcal{X}^{\otimes \mathbb{N}})$ , the coordinate process  $\{X_k : k \in \mathbb{N}\}$ , and the shift-operator  $\theta : \mathbf{X}^{\mathbb{N}} \ni (\omega_0, \omega_1, \dots) \mapsto (\omega_1, \omega_2, \dots) \in \mathbf{X}^{\mathbb{N}}$ .

**Lemma 7.14.** *A probability measure  $\mathbb{P}$  on  $(\mathbf{X}^{\mathbb{N}}, \mathcal{X}^{\otimes \mathbb{N}})$  is invariant for  $\theta$  if and only if the coordinate process is stationary under  $\mathbb{P}$ .*

**Exercise 7.15.** *Prove [Lemma 7.14](#).*

**Definition 7.16** (invariant variables and events). *Let  $T : \Omega \rightarrow \Omega$  be measurable.*

- *An  $\bar{\mathbb{R}}$ -valued random variable  $Y$  on  $(\Omega, \mathcal{A})$  is invariant for  $T$  if  $Y \circ T = Y$ .*
- *A set  $A \in \mathcal{A}$  is invariant for  $T$  if  $A = T^{-1}(A)$  or, equivalently, if the indicator function  $\mathbb{1}_A$  is invariant for  $T$ .*

**Proposition 7.17.** *Let  $T : \Omega \rightarrow \Omega$  be measurable.*

- (i) *The collection  $\mathcal{I}$  of invariant sets for  $T$  is a sub- $\sigma$ -field of  $\mathcal{A}$ .*
- (ii) *Let  $(E, \mathcal{E})$  be a measurable space such that singletons are measurable. Let  $Y : (\Omega, \mathcal{A}) \rightarrow (E, \mathcal{E})$  be a measurable mapping. Then,  $Y$  is invariant for  $T$  if and only if  $Y$  is  $\mathcal{I}$ -measurable.*

*Proof.*

**Exercise 7.18.** Establish the first claim (i).

We prove (ii). If  $Y$  is invariant for  $T$ , then for all  $B \in \mathcal{E}$ ,

$$T^{-1}(Y^{-1}(B)) = (T \circ Y)^{-1}(B) = Y^{-1}(B).$$

Thus,  $Y^{-1}(B) \in \mathcal{J}$ , which means that  $Y$  is  $\mathcal{J}$ -measurable.

Conversely, assume that  $Y$  is  $\mathcal{J}$ -measurable. Then for all  $B \in \mathcal{E}$ ,

$$Y^{-1}(B) = T^{-1}(Y^{-1}(B)) = (Y \circ T)^{-1}(B).$$

Now, since singletons are measurable, we may use the previous identity with  $B = \{x\}$  for any  $x \in X$ . Thus, if  $Y(\omega) = x$ , we may write

$$\omega \in Y^{-1}(\{x\}) = (Y \circ T)^{-1}(\{x\}),$$

which implies that  $Y \circ T(\omega) = x$ . Thus,  $Y = Y \circ T$ , which shows that  $Y$  is invariant.  $\square$

**Remark 7.19.** Consider again the coordinate process  $\{X_k : k \in \mathbb{N}\}$  on  $(\Omega, \mathcal{F}) = (X^{\mathbb{N}}, \mathcal{X}^{\otimes \mathbb{N}})$ . In this setting, the values of a random variable that is invariant for  $\theta$  are preserved when outcomes are shifted one or several steps. Thus, we may expect such variables, and hence the invariant  $\sigma$ -field, to be related to asymptotics in some sense. Indeed, in this case,  $\mathcal{J}$  is contained in the tail  $\sigma$ -field, i.e.  $\mathcal{J} \subset \bigcap_{k=0}^{\infty} \sigma(X_\ell : \ell \geq k)$ . Moreover, for all  $h \in F(\mathcal{B}(\bar{\mathbb{R}}))$ ,  $\limsup_{n \rightarrow \infty} h(X_n)$ ,  $\liminf_{n \rightarrow \infty} h(X_n)$ ,  $\limsup_{n \rightarrow \infty} n^{-1} \sum_{k=0}^{n-1} h(X_k)$ , and  $\liminf_{n \rightarrow \infty} n^{-1} \sum_{k=0}^{n-1} h(X_k)$  are all invariant.

*Proof.* For each  $k \in \mathbb{N}$ , set  $\mathcal{G}_k = \sigma(X_\ell : \ell \geq k)$  and let  $\mathcal{E}_k$  be the finite rectangles generating  $\mathcal{G}_k$ . If  $B \in \mathcal{E}_k$ , then  $\theta^{-1}(B) \in \mathcal{E}_{k+1}$ . Thus,  $\theta : (\Omega, \mathcal{G}_{k+1}) \rightarrow (\Omega, \mathcal{G}_k)$  is measurable. Now, let  $A \in \mathcal{F} = \mathcal{G}_0$  be invariant for  $\theta$ . If also  $A \in \mathcal{G}_k$ , then  $A = \theta^{-1}(A) \in \mathcal{G}_{k+1}$ . Consequently, by induction,  $A \in \bigcap_{k=0}^{\infty} \mathcal{G}_k$ , which was to be shown.

To prove the remaining statements, let  $\omega \in \Omega$  be fixed. In addition, let  $L \subset \bar{\mathbb{R}}$  be the set of points  $x \in \bar{\mathbb{R}}$  for which there is a subsequence of  $\{h(X_n) : n \in \mathbb{N}\}$  converging to  $x$ . Then,  $\limsup_{n \rightarrow \infty} h(X_n) = \sup L$ . On the other hand, the converging subsequences of  $\{h(X_n) \circ \theta : n \in \mathbb{N}\}$  are exactly those of  $\{h(X_n) : n \in \mathbb{N}\}$  (just shifted one step). Thus,  $\limsup_{n \rightarrow \infty} h(X_n) \circ \theta = \sup L$ , which shows that  $\limsup_{n \rightarrow \infty} h(X_n)$  is invariant. The same argument applies to the rest of the quantities.  $\square$